



## Rehabilitation Questionnaire

Does your pet show signs of pain?

Pet name: \_\_\_\_\_

Breed: \_\_\_\_\_

Last name: \_\_\_\_\_

Age: \_\_\_\_\_

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### In general, how do you rate your pet's health?

- Excellent       Very Good       Good       Fair       Poor

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### Has your pet ever seen a veterinarian because of joint pain, stiffness or limping?

- No       Yes: Please explain: \_\_\_\_\_

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### Living in pain can lead to changes in behavior, which can be hard to read in a pet.

#### On average, would you say your pet: (choose one)

- Is completely uninterested in its surroundings; sleeps all the time?  
 Will show interest, but no longer comes to greet you?  
 Is mostly interested in life and food, but reluctant to play?  
 Plays only when encouraged, and not for long?  
 Has had no change in personality?

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### Has your pet's activity level changed? (check all that apply)

- Seeks more affection than usual       Has difficulty getting up from a lying position       Lies very still  
 Reluctant to move       Shows trembling       Becomes restless  
 Repetitively gets up and lies down       Shows circling       Does not wag tail  
 Trouble posturing for bowel movements       Other \_\_\_\_\_

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### Has your pet's appetite or thirst changed?

- Yes       No

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### Does your pet have trouble in areas where it never used to need assistance? (check all that apply)

- Cannot manage any steps without assistance       Cannot jump onto the furniture without assistance  
 Cannot manage a full flight of steps (only 2 to 4 steps alone)       Cannot get into the vehicle without assistance  
 Manages a full flight of steps, but has difficulty       Has no trouble jumping  
 Can only go upstairs without assistance       Has trouble on slippery floors  
 Can only go downstairs without assistance       No problems on stairs

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### Has your pet become protective of itself? (check all that apply)

- Protects hurt body part       Hides       Other \_\_\_\_\_  
 Doesn't put weight on a limb       Limp  
 Doesn't want to be held or picked up       Does not like to be brushed/groomed

**How long can your pet walk without getting tired, limping, or stopping?**

- Less than 5 minutes       More than 30 minutes/my pet doesn't get tired or sore  
 10 to 20 minutes       Does not show signs until finished walking and rests for a while (ie: will stiffen up)
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**Did your pet's signs begin slowly or suddenly?**

- Slowly, over the course of a few months       Suddenly, within days or a few weeks
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**Has the joint pain suddenly gotten worse?**

- Within the past few days       Within the past few weeks       Not applicable
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**In the morning, are the affected areas stiff for more than half an hour?**

- Yes       No       There is no morning stiffness
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**Has your pet had a joint/bone injury or surgery?**

- Yes (details: \_\_\_\_\_)       No       Unsure
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**Which of the following methods do you use to manage your pet's pain, swelling, or stiffness? (check all that apply)**

- Physical activity/exercise       Nutritional supplements  
 Weight management       Physical rehabilitation/chiropractic/massage  
 Cold or heat treatment       Medication  
 Laser       None  
 Other: \_\_\_\_\_
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**Which medication and/or joint supplements do you currently give your pet? (check all that apply)**

- Prescription medication from veterinarian: \_\_\_\_\_  
 Over-the-counter medication: \_\_\_\_\_  
 Aspirin: \_\_\_\_\_  
 Glucosamine human medication (brand): \_\_\_\_\_  
 Veterinary joint supplement (brand): \_\_\_\_\_  
 Herbal supplement (brand): \_\_\_\_\_  
 Other: \_\_\_\_\_  
 None
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**Does your pet have any of the following conditions? (check all that apply)**

- Kidney disease       Skin disease  
 Liver disease       Active infection  
 Lung disease       Bladder problems  
 Cardiovascular disease       Other
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**Is there anything else we should know about your pet?**

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